

Name: Last \_\_\_\_\_ First \_\_\_\_\_ DOB: \_\_\_\_\_ Today's Date \_\_\_\_\_

### **INTAKE QUESTIONNAIRE/PROBLEM LIST**

It is our sincere desire to help you with any problems that concern you. In order for us to understand your concerns and review your past medical history and other life factors that affect your health, we ask that you complete this form as accurately as you can. We realize that these questions are very personal. If there are any questions you are not comfortable answering, just skip over them. All information collected is kept strictly confidential. If you need more room to explain something you may write on the back side of this form.

1. What is the main reason for your visit? \_\_\_\_\_

2. What are you hoping for from this consultation? \_\_\_\_\_

3. How is your general health?      \_\_\_excellent \_\_\_good \_\_\_fair \_\_\_poor

4. **Past medical illnesses:** Check any serious past medical illnesses you have had and give details:  
 \_\_\_ heart \_\_\_ lung \_\_\_gastrointestinal \_\_\_ psychiatric \_\_\_neurologic \_\_\_ chronic pain  
 \_\_\_ cancer \_\_\_ accidents/serious injury \_\_\_ allergies \_\_\_ diabetes \_\_\_ thyroid problems  
 If you have checked any above, please give details: \_\_\_\_\_

Any other diagnoses you have been given: \_\_\_\_\_

5. **Past Surgeries:** (approximate dates and types of procedures)  
 \_\_\_\_\_

6. **Hospitalizations** other than for surgery: (approximate dates and reasons for hospitalizations) \_\_\_\_\_

**Current Medications: Include prescription drugs and over-the-counter medicines and supplements**

Name of medication	Dosage	How taken

**7. Drug Allergies:**

Drug	Adverse Reaction to Drug

**8. Habits:**

Caffeine: (coffee, tea, soda) How many servings per day total? \_\_\_\_\_  
 Tobacco: Do you smoke?      \_\_\_ Yes   \_\_\_ No      If yes, how many times per day? \_\_\_\_\_  
 Alcohol: Do you drink alcohol? \_\_\_ Yes   \_\_\_ No      If yes, how often? \_\_\_\_\_  
 Recreational drugs: Do you use any recreational drugs (marijuana, heroin, crack/cocaine, other)  
                                  \_\_\_ Yes   \_\_\_ No   If yes, what and how often \_\_\_\_\_

**9. Problems:** Check all that apply:

- \_\_\_ Depressed/Sad   \_\_\_ Angry/Irritable/Hostile   \_\_\_ Feeling hopeless   \_\_\_ Trouble falling asleep
- \_\_\_ Trouble staying asleep   \_\_\_ Sleeping more than usual   \_\_\_ Drowsy during the day
- \_\_\_ Low energy   \_\_\_ Decreased appetite   \_\_\_ Increased appetite   \_\_\_ Decreased weight (not due to dieting)
- \_\_\_ Increased appetite   \_\_\_ Decreased sexual interest   \_\_\_ Increased sexual interest
- \_\_\_ Decline in memory   \_\_\_ Decline in concentration   \_\_\_ Easily distracted/Confused
- \_\_\_ Recent losses   \_\_\_ Anxious/Worried   \_\_\_ Thoughts of or intent to commit suicide
- \_\_\_ Racing thoughts   \_\_\_ Seizures   \_\_\_ Hearing voices/Seeing things that are not there
- \_\_\_ Restlessness \_\_\_ Feeling compelled to do senseless things over and over
- \_\_\_ Unable to control impulses \_\_\_ Feeling rejected by others   \_\_\_ Family history of psychiatric issues

**10. Traumatic Events:** (Include any emotional, physical, sexual or traumatic events witnessed)

Childhood Trauma: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Adult Trauma: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**11. Spiritual Life:**

Is there a particular spiritual belief system that is meaningful to you?   \_\_\_ Yes   \_\_\_ No

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